

Sunday, June 10, 2019 - "Free - Week 6 - Stop, Drop, & Roll" - Doug Kempton

Key Passages: Galatians 6:1-10, Matthew 7:1, 3-5

- Feel free to read the passage(s) out loud as a group
- Allow the group to share freely about what stood out to them from the passage or from Sunday's message

Main Ideas

- Galatians is about freedom through faith in Jesus...a freedom that is possible regardless of circumstance
- Who is at risk in this passage (Galatians 6:1-10)?
 - The person caught in transgression or the one who is spiritual? Who is Paul warning?
 - The passage is to instruct us what to when we see a brother or sister in Christ caught in transgression
- We are to restore him/her in a spirit of gentleness
- How do we restore in gentleness?
 - 1) **STOP** --> don't rush in and open your mouth
 - v1: Keep watch of yourself, lest you too be tempted...tempted to become haughty, prideful, thinking you are better than someone else
 - Sometimes we give ourselves permission to focus on the other and we LOSE FOCUS on ourselves
 - This can be the seed of bitterness in our relationships
 - 2) **DROP**
 - On our knees --> go to God in prayer
 - We have to drop our tendency to compare ourselves to others (v. 3-4)
 - We use the shortcomings of others to feel better about and justify ourselves
 - 3) **ROLL**
 - v2. bear one another's burdens
 - We are called to be on the journey WITH the one caught in transgression
 - Fulfill the law of Christ --> to love God and love others
 - If someone is caught in sin, we are called to walk with the and bear the burden alongside of them
- Jesus never compromised on sin, BUT he was known as a friend of sinners
- Matthew 23:9-10 - "good work" = walking with people even when it's hard
- Matthew 7:1, 3-5
 - Good work = removing the plank from our own eye
 - We have no place to deal with anyone else until we have dealt with our own stuff
 - We have to admit the truth and allow God to do surgery in us
- If anyone thinks he is something, when he is nothing, he deceives himself
- We restore with gentleness by STOP, DROP, and Roll: stopping and looking at ourselves and doing the good soul work and carrying one another's burdens

Questions (Feel free to use all of these, some of these, or none of these)

1. When was a time when your were restored with gentleness? What did you learn in the process?
2. When was a time when you did not stop to examine yourself before going to to someone else about their transgression? What did you learn?
3. How is God calling you to drop the human tendency to compare yourselves to others?
4. What does it mean for you to bear another's burden or for someone else to bear your burden? Be specific
5. What is the danger in thinking that you are something when you are nothing?
6. What is God inviting you into as a result of this passage or sermon?

****15 Minutes with God Reading Plan-**

Mon: Ephesians 6 Tues: Philippians 1 Wed: Philippians 2 Thurs: Philippians 3 Fri: Philippians 4

Songs from the weekend:[Joy - VaSahwn Mitchell] - [Everlasting God - William Murphy] - [Waymaker - Sinach] - [Made A Way - Travis Greene]